



Standing position



Seated position



UNILUX

BALANCY

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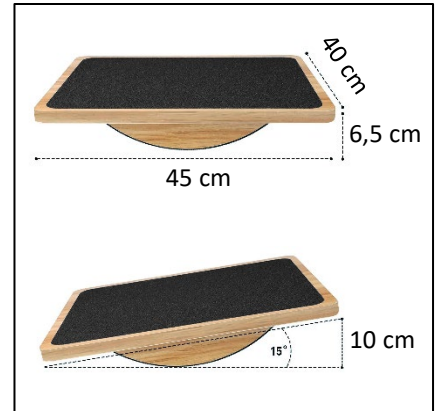


BALANCY



- **Innovative:** BALANCY is the first dynamic tilting wooden footrest that improves muscle tone when standing and improves blood circulation when sitting to prevent musculoskeletal disorders.
- **Ergonomic:** with BALANCY, alternate between sitting and standing to combat sedentary lifestyles and maintain your physical and mental health. It ensures your comfort, promotes good posture and strengthens your muscles.
- **Complies with DIN 4556:** in accordance with European Directive 90/270, this stipulates that footrests with a minimum width of 45 cm and a minimum depth of 35 cm may be prescribed as part of a health recommendation relating to work on office equipment.
- **Sturdy :** this footrest is crafted from durable wood, capable of supporting a weight of up to 120 kg.
- **Anti-slip:** the anti-slip surface ensures safe use, while the edges protect the footrest from potential damage.
- **Practical:** the handle means you can grip it to position it properly without getting your hands dirty and hang it on a hook to keep it off the floor.

Warranty : 2 years
Materials : wood / fiberglass-based grip / rubber strips



Features

SAP no.	400188804
EAN code	3595560040841
Color	Black / wood
Tilt	+/- 15°
Dimensions (cm)	45 x 40 x 6.5
Min. front height (cm)	3
Max. back height (cm)	10
Non-slip	Yes
Net weight (kg)	2,10

ENVIRONMENT

UNILUX focuses on sustainable development and takes concrete measures to reduce its environmental footprint and best meet the evolving expectations of its consumers.

We are notably committed to reduce our greenhouse gas emissions by 29% between 2021 and 2030 in response to the "Net Zero Carbon Emissions by 2050" challenge. Eco-design, emissions reduction, and continuous improvement are at the core of our concerns.

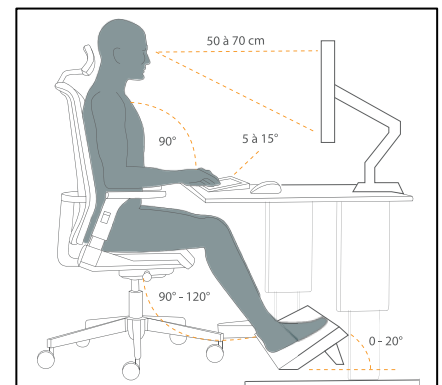
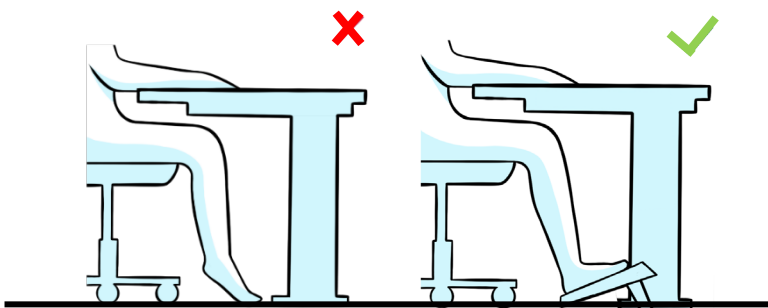
OUR EXPERTISE

A footrest promotes ergonomic posture, helping to prevent lower back pain and muscle tension while reducing fatigue and discomfort associated with prolonged sitting. Additionally, it can improve blood circulation in the legs and offer extra comfort by allowing users to change positions and find a more relaxed posture during work hours.

Footrests with fixed or adjustable inclinations provide individuals the opportunity to compensate for not touching the ground, thereby avoiding discomfort around the ankles. This arrangement ensures that feet rest flat and knees form an appropriate 90° angle.

Dynamic footrests that allow rocking motion back and forth stimulate circulation, thus preventing tingling sensations often associated with heavy legs. These movements contribute to muscle toning and alleviate muscle tension.

Several best practices to follow :



ABOUT UNILUX

Founded in 1952, UNILUX is a French company specializing in lighting and ergonomics. Over the past 25 years, UNILUX has become a benchmark in the field of lighting in France and throughout Europe. In 2000, UNILUX joined the French group HAMELIN, a European leader in stationery. The company modernizes and evolves to become a creator of ambiance and well-being.

OUR CERTIFICATIONS



pCon Planner

Integrate UNILUX products seamlessly into your 3D space designs.
Access to essential data : dimensions, prices, etc.



Website

Explore our full range, tips, blog articles, and more.



Do you have any questions ?

Our customer service is always available to assist you.

GLOSSARY

 European compliance