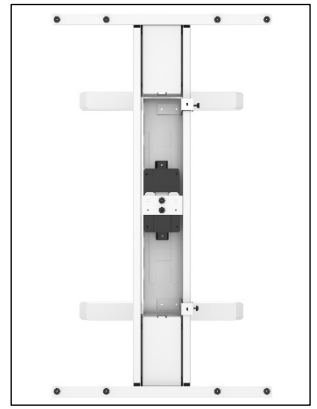


ERGO WELL

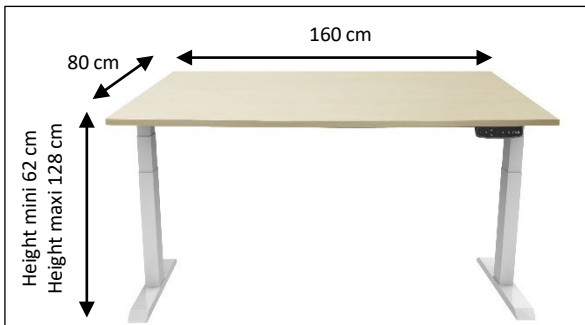


- **Health benefits:** reduces fatigue, stress, decreases the risk of cardiovascular disease, obesity and limits blood pressure problems, back compression, cervical tension and poor circulation.
- **Powerful work:** this easy-to-use electric desk improves your posture, making you more dynamic in your work and therefore productive.
- **Simple and easy adjustment:** thanks to its two motors and its control panel, in a few seconds, you can easily change position by alternating your sitting / standing positions. This desk offers different heights between 62 and 128 cm depending on your morphology.
- **Intelligent:** possibility to program 3 settings (between 62 - 128 cm) and is equipped with a sound reminder (between 1 - 99 min) that will prevent you from changing position during your working day.
- **Scandinavian design:** sober and timeless, the wood-white combination sublimates both large interiors such as reception halls and smaller contemporary spaces.
- **Optimum stability:** the load capacity of the table is 125 kg, which can accommodate multiple screens, as well as the ergonomic desk organizer ERGO STATION.
- **Complementary products:** recommended to use with footrest UPDOWN multi-position and MOOVE dynamic stool.

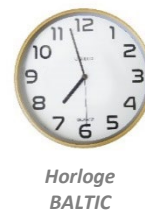
- Lifting speed: 38 mm per second
- Built-in cable pass under the tray
- Maximum height: 128 cm / minimum height: 62 cm
- Top: 160 cm x 80 cm in beech finish is composed of particle board with high resistance melamine coating (thickness 25 mm).
- Structure and legs: three square sections are made of steel for high resistance and can support up to 125 kg.



Technical features



Discover also our **Scandinavian-inspired wood / white range** that will fit perfectly with the electric desk ERGO WELL.



SAP no.	Colors	Adjustable height	Dimensions	Warranty	Net weight	EAN code
400124577	White/Beech	Yes	160 cm x 80 cm Height mini 62 cm Height maxi 128 cm	2 years	52,5 kg	3595560029792

UNILUX'S ADVICES: Fight against sedentarity

A sedentary lifestyle and reduced physical activity pose health risks and have become a major public health problem.

1-Some figures

60%

of our time in sitting position every day at your workplace

7 hours

7h sitting in front of a computer

94%

employees admit to sitting up without moving for long periods

2-The risks

Sitting for 10 hours or more a day can result in:



In the OECD countries, it is **THE first CAUSE OF MORTALITY** avoidable, in front of tobacco

40%

Risk of developing heart disease, cancer at 8am sitting position (1 working day)

48%

Risk of developing diabetes, hypertension, and obesity

3-Save your employer money?

A person with MSD costs the company an average of € 21,500 *. However, the lack of ergonomics in a workstation can have a negative impact on employee productivity and company finances. Today, to attract and retain employees, companies must make efforts on the working conditions offered and invest to improve the well-being of their employees.

Average cost of aTMSfor an employee



21 500 €

Average cost of a complete equipment

35 € footrest
20€ wrist rest
100 € screen arm support
200€ ergonomic chair
200 € ergonomic stool
700 € electric desk office

1250 €

That is an economy per employée of about



20 250 €

*Source: CNAMTS CCMSA – Chiffre 2010

4-UNILUX solutions: a wide range of ergonomic accessories

To fight against MSDs and a sedentary lifestyle, it is necessary to move more, while being able to be productive in the tasks entrusted to us. Sit-stand solutions give you the opportunity to energize your work day. It is for all these reasons that UNILUX offers you a wide range of ergonomic accessories ranging from footstools to electric desks, dynamic stools and sit / stand workstations. Being more active has become a societal issue. A first goal would be to spend at least 2 hours a day standing at work and then try to reach an ideal duration of 4 hours.



ERGO DESK 2

- Sitting / standing work station
- Quickly adjust the height to your face thanks to its gas cylinder



ERGO WELL

- Electric desk wood / white
- Quickly adjust the height to your face thanks to its two silent motors



MOOVE

- Height-adjustable ergonomic stool
- Avoid muscle, lumbar and dorsal pains



UPDOWN

- First dynamic foot rest usable sitting and standing
- Promotes muscle tone
- Improves blood return

Benefits

- Improves blood circulation**
- Increase concentration**
- Reduces the feeling of fatigue**
- Limits stress and weight gain**