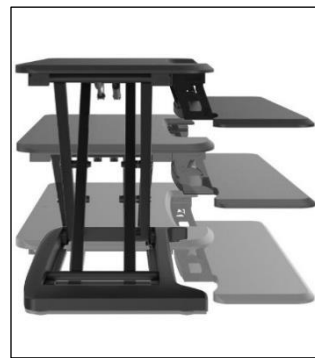


ERGO DESK 2

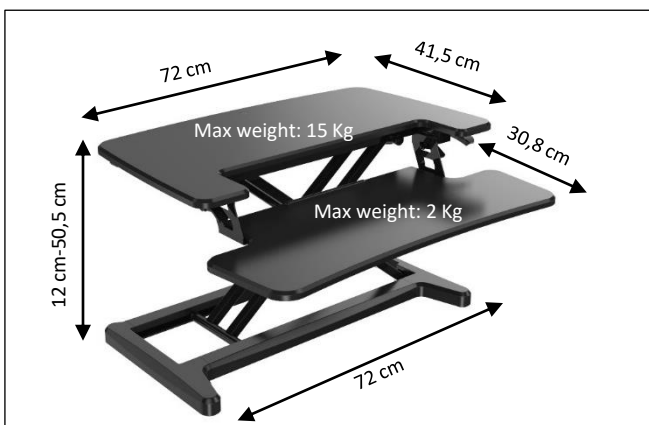


- **Comfort and well-being:** Encouraging the user to reduce sedentary work and encouraging mobility, this sit-stand workstation will make you more dynamic and productive, while reducing fatigue and stress.
- **Seated task:** processing and creation of important documents (reports, schedules), paper tasks requiring concentration.
- **Standing task:** processing emails, making and receiving phone calls, online searches, proofreading and creative work.
- **Contemporary design:** this sit-stand workstation, last generation, adjustable, will energize your workspace. It adapts to all types of offices.
- **Adjustable simple and easy:** thanks to its mechanism, its cylinders and its ergonomic handle, in a few seconds you can easily change position and have different heights (between 12 and 50.5 cm) depending on your morphology
- **Easy to assemble:** a simple assembly without need for tools, its keyboard support clipable.
- **Complementary products:** recommended to use with footrest
- UPDOWN multi-position and MOOVE dynamic stool.

- Reasonable weight: 14,5 Kg
- Top shelf dimensions: width: 72 cm / depth: 41.5 cm
- Bottom plate dimensions: width: 72 cm / depth: 30,8 cm
- Maximum weight supported per top plate: 15 Kg
- Maximum weight supported per lower plate: 2 Kg
- Maximum height: 50.5 cm / minimum height: 12 cm
- Materials: high quality steel structure with Epoxy paint / painted wood top



Technical features



Alternating sitting and standing positions helps you work better and feel better

favor frequent postural changes (approximately every 30 minutes).

SAP no.	Colors	Adjustable height	Dimensions	Warranty	Net weight	EAN code
400124576	Black	Yes	72 cm x 59 cm Height mini 12 cm Height maxi 50,5 cm	2 years	14,5 kg	3595560029761

UNILUX'S ADVICES: Fight against sedentarity

A sedentary lifestyle and reduced physical activity pose health risks and have become a major public health problem.

1-Some figures

60%

of our time in sitting position every day at your workplace

7 hours

7h sitting in front of a computer

94%

employees admit to sitting up without moving for long periods

2-The risks

Sitting for 10 hours or more a day can result in:



In the OECD countries, it is **THE first CAUSE OF MORTALITY** avoidable, in front of tobacco

40%

Risk of developing heart disease, cancer at 8am sitting position (1 working day)

48%

Risk of developing diabetes, hypertension, and obesity

3-Faites faire des économies à votre employeur?

A person with MSD costs the company an average of € 21,500 *. However, the lack of ergonomics in a workstation can have a negative impact on employee productivity and company finances. Today, to attract and retain employees, companies must make efforts on the working conditions offered and invest to improve the well-being of their employees.

Average cost of aTMSfor an employee



21 500 €

Average cost of a complete equipment

35 € footrest
20€ wrist rest
100 € screen arm support
200€ ergonomic chair
200 € ergonomic stool
700 € electric desk office

1250 €

That is an economy per employée of about



20 250 €

*Source: CNAMTS CCMSA – Chiffre 2010

4-UNILUX solutions: a wide range of ergonomic accessories

To fight against MSDs and a sedentary lifestyle, it is necessary to move more, while being able to be productive in the tasks entrusted to us. Sit-stand solutions give you the opportunity to energize your work day. It is for all these reasons that UNILUX offers you a wide range of ergonomic accessories ranging from footstools to electric desks, dynamic stools and sit / stand workstations. Being more active has become a societal issue. A first goal would be to spend at least 2 hours a day standing at work and then try to reach an ideal duration of 4 hours.



ERGO DESK 2

- Sitting / standing work station
- Quickly adjust the height to your face thanks to its gas cylinder



ERGO WELL

- Electric desk wood / white
- Quickly adjust the height to your face thanks to its two silent motors



MOOVE

- Height-adjustable ergonomic stool
- Avoid muscle, lumbar and dorsal pains



UPDOWN

- First dynamic foot rest usable sitting and standing
- Promotes muscle tone
- Improves blood return

Benefits

- Improves blood circulation**
- Increase concentration**
- Reduces the feeling of fatigue**
- Limits stress and weight gain**