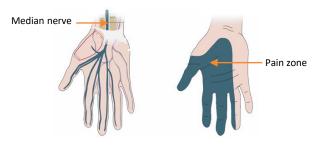
## / ROLLING



- Health and well-being: Limit carpal tunnel disorders with perfect wrist support.
- **Definition:** Carpal tunnel syndrome refers to disorders associated with compression of the median nerve during its passage through the carpal tunnel at the wrist.
- Symptoms: tingling, tingling, progressive numbness, feeling of electric shock in the tip of the first three or four fingers of the hand, or sometimes ascending to the forearm. Every year in France, just over 130,000 people are operated on for this syndrome



- Technical: memory foam to support the wrist and keep the wrist in a comfortable position.
- **Mobile:** 4 ball bearings on the underside allow you to move your wrist at will and also reduce friction to protect your wrist.
- Light weight: 0.06 Kg
- Dimensions: 12 cm x 11 cm x 4 cm
- Materials: ABS / memory foam cellulose / stainless steel balls.

#### only on a laminate desk or mouse pad



Tehnical features







| SAP no.   | Colour | Dimensions           | Warranty | Net weight | EAN code      |
|-----------|--------|----------------------|----------|------------|---------------|
| 400110158 | Black  | 11 cm x 12 cm x 4 cm | 2 years  | 0,06 kg    | 3595560028061 |

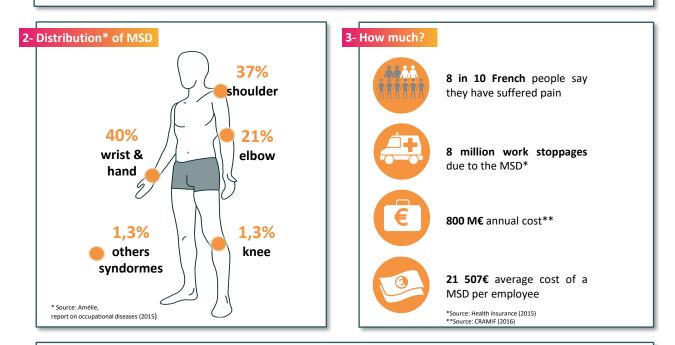
### UNILUX

### UNILUX'S ADVICES

# Today musculo-skeletal disorders are the first occupational disease and increase every year by about 9%.

#### 1-Définition

**Musculo-skeletal disorders (MSD)** are a set of muscle and tendon pain. They are at the origin of the more and more generated pains (numbness, tingling, ...) can cause a serious handicap in the professional life and the private life.



#### 4- The right posture

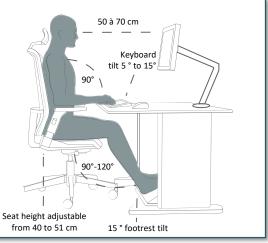
A good working posture saves both productivity for the company and comfort and safety for employees. It is for these reasons that UNILUX designs products with functional, ergonomic concepts and harmonious and bold design.

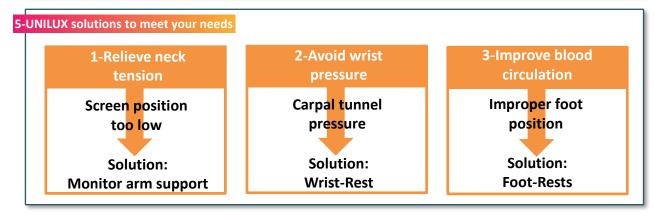
Some tips for diagnosis work posture:

- Using a footrest to raise the foot 15°.
- The angle of the elbow must be 90 ° or slightly obtuse.
- The forearms are close to the body and rest on the armrests.
- The hand should be in the extension of the forearm and supported by a wrist rest.
- The back is straight or slightly behind, and supported by the backrest.
- The head is straight or slightly bent forward.
- The top of the screen is at eye level.

CE 🛛 RoHS

• The work plan should preferably be matte.





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