

ERGO FLEXY



- **Ergonomic design:** this mat use anti-fatigue theory. The tilted angle and the variable terrain can keep your body in a different way from activity. It can ease the burden and stress of standing all day, allowing you to stay longer without feeling tired.
- **Well-being:** Each slight movement of your feet is accompanied by the flexibility of this mat. The muscles participate and rebalance your body. Each of these movements increases your muscle tone, reduces muscle tension and increases your circulatory functions.
- **Reflexology:** the foot is a miniature representation of the body where each area corresponds to an organ or part of the human body. There is a massage ball on both sides, which helps relieve foot fatigue. Two massage zones on the back help stretch the calf, promote blood circulation.
- **Suitable for all spaces:** the cushion size is 57cm x 66cm. It not only provides a perfect space for the movement of your feet, but also an excellent choice for any workspace, home, kitchen, office and laboratory etc. Its compact size and light weight make it easy to carry.
- **Easy to use:** This mat can be used with or without shoes and while standing or sitting on your chair.
- **High quality durable materials:** this comfortable mat is made of non-slip rubber and SBR. It has good elasticity and impact resistance. The clear texture ensures that you can stand on it without slipping. In addition, the surface is PU, so it is easy to clean and just wipe with a damp cloth.

- Dimensions: 57 cm x 66 cm
- Materials: PU foam/ SBR rubber

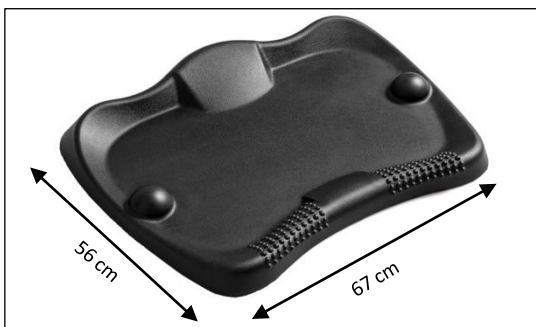


Sitting position



Standing position

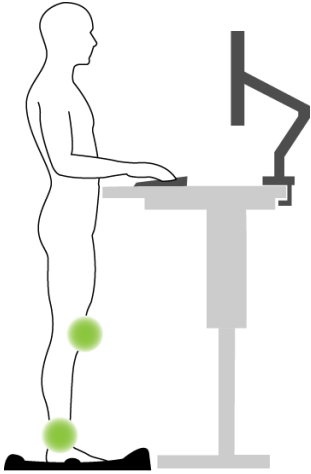
Technical features



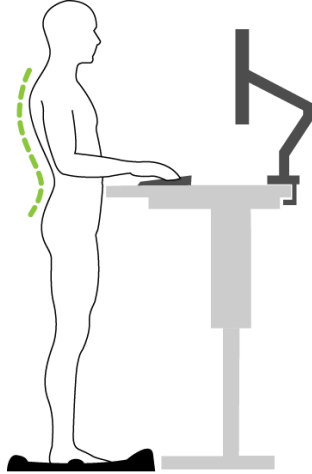
SAP no.	Colors	Raincoat	Dimensions	Warranty	Net weight	EAN code
400140809	Black	Yes	57 cm x 66 cm	2 years	1,8 kg	3595560030484

UNILUX'S ADVICES

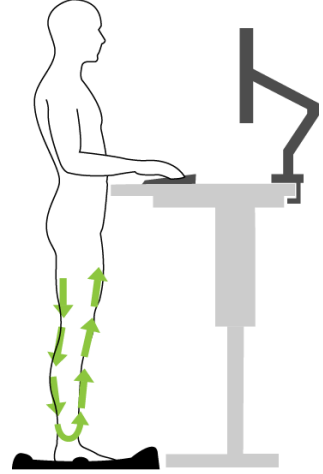
1- Why use an anti-fatigue mat?



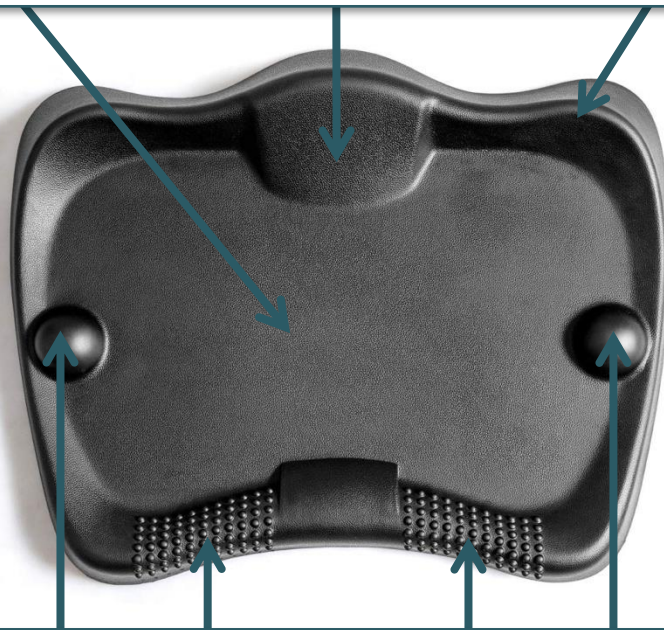
1- LESS STRESS ON JOINT
The mat's elasticity helps to absorb day to day impact on your joint



2- LESS PRESSURE ON LUMBAR SPINE
Alleviate lumbar spine pains brought from long time standing



3- IMPROVE YOUR MUSCLE TONE
increases your muscle tone, reduces muscle tension and increases your circulatory functions



2- The benefits of reflexology

- brings relaxation and deep relaxation
- releases stress and nervous tension
- energizes the body, harmonizes vital functions
- immune system (cold, colds, sinusitis, stuffy nose)
- digestive disorders (bloating, constipation)
- musculoskeletal disorder and deformities (postural problem, muscle contracture, reduced mobility of joints, instability)
- Functional disorders and pains of the cycle of the woman

