



UPDOWN

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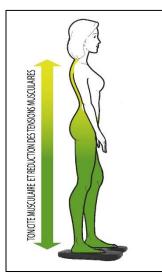
**UPDOWN** is a footrest developed with Occupational Medicine. Helps avoid muscle pain and back fatigue related to poor posture. It promotes blood circulation. Its tray equipped with a non-slip support surface makes it possible to maintain the feet naturally. PVC pads ensure perfect stability.

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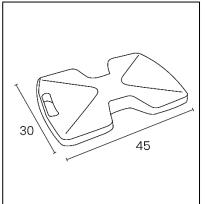


- Fight against a sedentary lifestyle: Our body is made to move. When we stand still for long periods of time, our body suffers. To counter the effects of a sedentary lifestyle, it is recommended to alternate sitting-standing positions.
- An innovative footrest: first sit-stand footrest. Its use is simple and possible almost everywhere, just place it under your feet that's all!
- **Comfort and well-being:** guarantees the comfort of the back, neck, shoulders and legs by ensuring the adoption of a good posture.
- At work or at home: its lightweight, dynamic look and ergonomic handle make this latest generation footrest the essential accessory in your daily life.
- **Benefits:** promotes blood circulation, increases productivity while reducing fatigue. It will allow you to always be in motion thanks to dynamic exercises.
- Anti-slip: rubber pads, non-slip prevents the footrest from slipping on all types of floors.

Supports a weight up to 120 Kg Dimensions of the area for putting the feet: 30 cm x 45 cm Dimensions: length: 45 cm/ width: 30 cm/ height: 6 cm Materials: polypropylene plastic structure/ non-slip silicone pads







### Characteristics

SAP no.	400095456
Color	Black
Tilt	+/- 15°
Dimensions	45 cm x 30 cm
Head adjustment front	3,5 cm
Head adjustment rear	12 cm
Non-slip	Yes
Net weight	0,93 kg
Warranty	10 years
EAN code	3595560025732

# OUR CSR COMMITMENTS

- 1. All our lighting are 100% repairable thus limiting planned obsolescence.
- 2. Reduce our carbon footprint through our ECO-DESIGN THINKING approach.
- 3. Contribute to the preservation of the planet's natural resources by promoting the use of **recycled materials**.
- 4. Optimize our packaging to control our transport costs.
- 5. Highlight the talent of our employees by ensuring social equality.

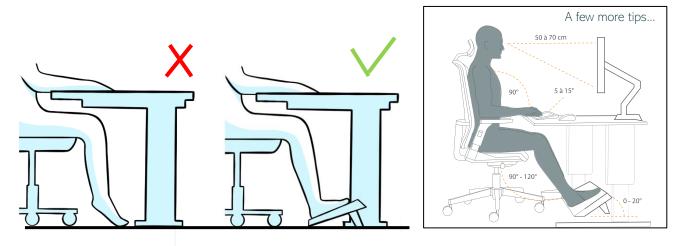
# OUR EXPERTISE

### Why use a footrest?

You have to clearly define your needs. This is why we advise you on the elements to take into account to choose the right ergonomic footrest. An ergonomic footrest is to be considered on the same level as ergonomic mice or ergonomic stools. The use of a footrest is really necessary. There are categories of footrests.

1- footrests that have a fixed or adjustable tilting will allow some people to compensate for the fact that they do not touch the ground and to avoid any inconvenience at ankle level. Their feet will be flat and the knees at the right 90° angle.

**2- the dynamic footrests** allowing a back and forth rocking movement of your feet will activate your calf muscles like a pump which will stimulate your blood circulation thus avoiding the tingling at the origin of the "heavy legs" effect . Finally, each of these movements will increase your muscle tone and reduce muscle tension.



# OUR CERTIFICATIONS

Unilux is committed to an eco-responsible approach and ensures that its products respect this commitment. Indeed, we are very concerned about current environmental issues and we aspire to respond as best as possible to the concerns of our consumers on this subject. Sustainable development is at the heart of our strategy and we act for the environment. You will find below the different certifications that Unilux has and that prove its environmental commitment.



### 30 products available on pCon Planner

You will be able to obtain data on many UNILUX or OFML standard products and integrate them quickly and easily into 3D space layouts via pCon.

### Download on our E-shop

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Always available: photos in HD, data sheets, instruction manual, repairability instructions for all our products.

### Do you have any questions?

Our after-sales service is always at your disposal Tèl: +33 1 81 86 06 03 E-mail: contact.unilux@hamelinbrands.com